

Attention Solutions

ADHD Life Coaching

Parent/Guardian/Client Coaching Agreement

Student/Child/Person Being Coached: _____

Date of Birth: _____ Age: _____ School: _____ Grade: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Do you have unlimited texting? Yes No

Email Address: _____

Is this your email or your parents? _____ My Email _____ My Parent's Email

School: _____ Grade/Year: _____

Job: _____ Hours/Week: _____

Preferred Phone: _____

Client Contact/3rd Party Information

Mother's Name: _____ Father's Name: _____

Other Guardian Name: _____ Relationship: _____

Address: _____

City: _____ State: _____ Zip: _____

Mother's Preferred Phone: _____ Father's Preferred Phone: _____

Guardian Preferred Phone: _____

Residence or Secondary Phone: _____

Parent Email Address(s): _____

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Terms

Initial term _____ months, from _____ through _____

Start Date: _____ Fee \$_____ per month

Coaching conducted via _____ Phone _____ Group _____ Skype _____ in Person

Session day _____ Session time _____

Number of sessions per month _____

Duration _____ (Length of scheduled session)

Referred by: _____

Agreement

This is to acknowledge that Coach Ally Martin has been retained by _____, Client, to provide coaching services to _____, the Person Being Coached. The relationship between the Person Being Coached and Client is that of _____.

Both parties have received and accepted a copy of the Welcome Letter and Agreement for Coaching Services. Both agree to be accountable for that agreement, except to the extent that this document modifies it.

The Person Being Coached agrees to accept Coach's services and to take the coaching as seriously as though the Person Being Coached were paying for the services him/herself.

As the Parent or Guardian (Client) of the Person Being Coached, I agree to the following:

1. I understand that coaching is an investment in the current development and future success of the Person Being Coached.
2. I shall be solely responsible for the payment of Coach's fee. If other arrangements have been agreed upon, they are listed here:

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3. That I am committed to an initial three months of coaching. If, at any time, I am unsatisfied or need to discontinue, I will give you at least seven days' notice. Should I and the Person Being Coached wish to continue beyond the initial three month commitment, this Agreement remains in effect until I and/or the Person Being Coached gives two weeks' notice of intention to conclude.
4. Payment is due prior to services at the beginning of each month.
5. I will do my best to see that the Person Being Coached is on time for his/her sessions and will give 24 hours notice if we need to cancel or reschedule the session. If we are more than 10 minutes late or miss a session without prior notice, I will be charged for the session and it will not be made up.
6. I understand that the purpose of coaching is to assist the Person Being Coached to reach his/her private goals, which may include the mutually agreed-upon (public) behavioral goals that the Person Being Coached and I identify.
7. I understand that a person cannot be coached on something he or she is not willing to be coached around. The Coach can only work on the goals the Person Being Coached identifies, and I acknowledge that my ideas and wishes may not be addressed if they are in conflict with what the Person Being Coached is willing to work on.
8. I acknowledge that my understanding of ADHD may need developed so that I don't inadvertently undermine the coaching. If it becomes apparent to the Coach that I need some education or coaching to support the Person Being Coached, the Coach may suggest or require it.
9. I understand that Coaching is not a substitute for counseling, tutoring, psychotherapy, mental health care, or substance abuse treatment. If the Coach sees the need for other professional supports, the Coach will recommend them.
10. I agree to keep an open mind and be willing to support the Person Being Coached in trying new behaviors and learning to advocate for him/herself.
11. I understand that what is said between the Person Being Coached and the Coach is confidential unless the Coach hears bullying and/or drug or other self-abuse, or hears imminent potential for harm to the Person Being Coached or toward another person. Unless otherwise stated, the only information that the coach will provide is whether the person being coached is attending coaching sessions. If there is any other scenario in which I want to be informed and that the Person Being Coached and I agree to, it is listed here: (example: progress on public goals, recommended supports or accommodations, etc.)

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12. I understand that the Coach will not be put in the position of speaking for the Person Being Coached to me. The Person Being Coached will be encouraged and supported to self advocate, and the Coach may facilitate a conversation between parties as part of the learning and growth of the Person Being Coached.
13. Because the Person Being Coached may not have the presence and awareness of his/her behavior, it may be necessary for the Coach to ask for and/or receive input from outside sources to identify and support coaching goals. I may be asked to sign a release for such information (from teachers, educational or mental health professionals, etc.) to be given to the Coach. The Person Being Coached will always be informed that such information is being received by the Coach.
14. For public behavioral goals, the Coach may need reports on progress noticed, and I commit to making note of such behavior changes, appreciating them, and sharing them with the Coach and the Person Being Coached.
15. I understand that the Coach may, for the purposes of professional credentialing or renewing a credential, be required to produce a client coaching log that lists client names and hours coached. I understand there is never any disclosure of coaching content, and these professional organizations will handle all information with the highest regard toward confidentiality. I agree to allow disclosure of the number of hours coached on the Coach's client coaching log for credentialing and credential renewal purposes.

Client Signature _____ Date _____

Printed Name: _____

Client Signature _____ Date _____

Printed Name: _____

Person Being Coached Signature _____ Date _____

Printed Name: _____